

OEA Choice Trust - Section 125 Covered Expenses for your new plan year that may begin 9/1/2010, 10/1/2010 or 1/1/2011-**THESE CHANGES ARE NEW TO THESE PLAN YEARS! PLEASE READ CAREFULLY**

Each item in the following list has been identified as a "qualifying expense" for the Health FSA (Section 125) plan. If you have an item that is not on the list and would like to find out if it is covered under your plan, please contact us at 1-800-452-0914. **WATCH FOR ITEMS WITH THE ASTERICKS AS IRS GUIDELINES HAVE CHANGED.**

A "qualifying expense" is defined as items or services that are generally known to be incurred or obtained primarily for medical care; in other words, they are items or services that practically no one would incur or obtain unless they had a medical condition that prompted the expenditure.

**Acne treatment	**Headache medications
**Allergy medicine	Hearing aids
Ambulance	**Hemorrhoid treatment
**Antacids	**Herbs
**Antibiotic ointments	**Immunizations
**Antihistamines	**Insect bite creams and ointments
**Anti-itch creams	Insulin
**Aspirin	Laser eye surgery (Lasik)
**Bactine	**Laxatives
Bandages	**Liquid adhesive for small cuts
**Birth-control pills	**Massage therapy
Blood pressure monitoring devices	**Medical alert bracelet or necklace
Blood sugar test kits and test strips	**Menstrual pain relievers
**Calamine lotion	**Motion sickness pills
Carpal tunnel wrist supports	**Nicotine gum or patches
Chiropractors	Obstetrical expenses
**Chondroitin	Occlusal guards to prevent teeth grinding
Co-payments	Optometrist
**Cold medicines	Orthodontia
Cold/hot packs	Osteopath fees
Contact lenses and materials	**Oxygen
**Contraceptives	**Pain relievers
**Cough suppressants	Physical exams
Crutches	Physical therapy
**Decongestants	**Pregnancy test kits
Deductibles	Prosthesis
Dental treatment (not teeth whitening or bleaching)	Psychiatric care
Dentures and denture adhesives	Radial keratotomy
Diabetic supplies	Reading glasses
**Diaper rash ointments and creams	**Sinus medications
**Diarrhea medicine	Sleep deprivation treatment
**Dietary supplements	**Smoking cessation medications
Drug addiction treatment	**Sunburn creams and ointments
**Ear wax removal products	**Supplements
**Expectorants	Thermometers
Eye examinations	**Throat lozenges
Eye glasses	**Toothache and teething pain relievers
Fertility treatments	Transportation expenses for person to receive medical care (2010 = .165 cents per mile)
**Fiber supplements	Vision correction procedures
**First aid cream	Walkers
**First aid kits	**Wart remover treatments
**Flu shots	Wheelchair
Gauze pads	**Yeast infection medications
Glucose monitoring equipment	

IMPORTANT!

****Any of the above expenses marked with ** may be covered on the Health FSA plan if a written prescription from your physician accompanies each claim submitted for payment.**